



User Guide

Adult Male Circumcision Trainer

Part No: 60695 (Light)

Part No: 60692 (Black)



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Adult Male Circumcision Trainer

Part No: **60395 Light**

Part No: **60392 Black**

This product has been designed for healthcare professionals practising the necessary skills for prophylactic and therapeutic male circumcision. It allows practitioners to perform the 3 most common methods of circumcision.

Male circumcision is gaining recognition as an important practice for limiting the spread of HIV across Sub-Saharan Africa, as numerous regional and studies have noted a lower risk of HIV infection in men, as well as a lower HIV prevalence in populations where male circumcision is common.

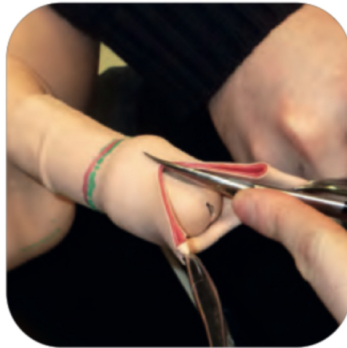
This product has been designed and evaluated in collaboration with the MSR Israel Center for Medical Simulation; as well as Mrs Suzie Venn and her colleagues at the Royal College of Surgeons England.

Skills

- Three methods can be performed:



Forceps guided method



Dorsal slit method

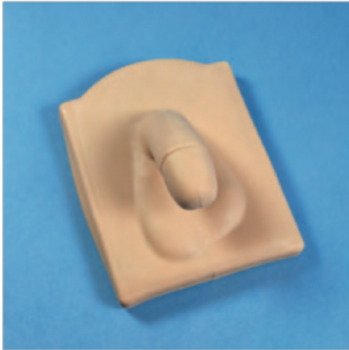


Sleeve resection method

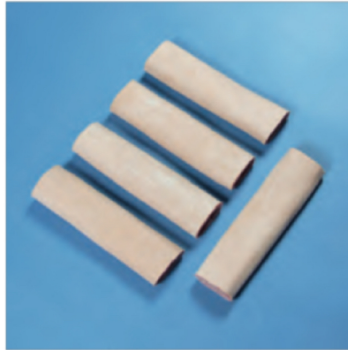
Features

- Realistic and accurate representation of the foreskin: realistic retraction of foreskin and realistic representation of the layers of the foreskin
- Able to perform penile ring block technique
- Penis presented in supine position
- Can be used to practise suturing techniques
- Available in light or black skin tones
- Compact and portable
- Latex free

Parts list



Circumcision Penis



**Circumcision Foreskins
(Pack of 5)**

(includes 5 elastic bands
and 5 lubricant sachets)



Circumcision Penis Jig

(with pubic bone)

Package supplied Part No

Light

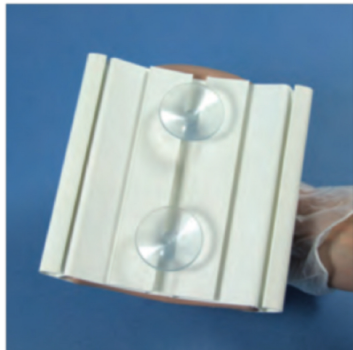
- 1 **Circumcision Foreskins (Pack of 5) - Light** 60396
- 1 **Circumcision Penis - Light** 60397
- 1 Circumcision Penis Jig

Black

- 1 **Circumcision Foreskins (Pack of 5) - Black** 60393
- 1 **Circumcision Penis - Black** 60394
- 1 Circumcision Penis Jig

Attaching the Foreskin

1



The Jig has suction feet on the underside to stop the Trainer from moving during use. A work surface with a smooth finish will improve suction as will wiping a little water over the suction cups.

Press the Jig down onto the work surface.

2



Remove 1 foreskin, 1 rubber band and 1 sachet of lubricant from the bag of foreskins.

Apply lubricant to the penis.

3



Wipe the lubricant along the top...

...and underside of the penis until it is completely covered.

4



Stretch the foreskin.

Pull it over the penis...

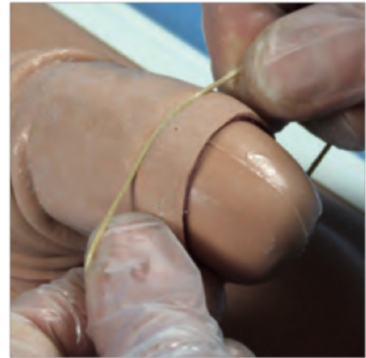
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...and down to the base.
The end of the foreskin
should be in line with the
base of the penis.

Push the open end of the
foreskin down onto the
penis

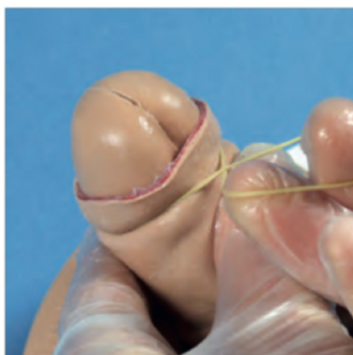
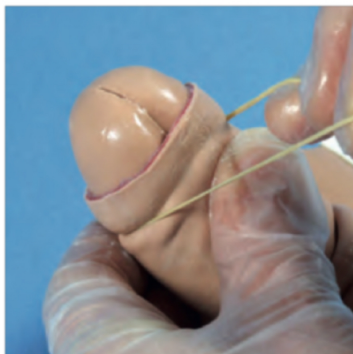
6



The end of the foreskin
should stop approximately
5mm from the groove
behind the glans. This can
be easily adjusted if
necessary.

Stretch the elastic band and
place it on the top of the
penis in the groove behind
the glans.

7



Lift the penis up...

...and cross the elastic band over.

8



Bring the penis down and lift the loop of elastic over the top.

Secure the loop in the groove behind the glans.

9



Now hold the end of the foreskin...

...and pull it towards the tip of the penis.

10



Keep pulling the foreskin so that it turns inside out. Do not pull so hard that the foreskin is pulled off the penis.

Now fold the foreskin back onto itself...

11



...and feed it back down the shaft of the penis. The fold in the foreskin should be in line with the tip of the penis.

Feed the remaining foreskin down the penis so that it is flush with the end of it.

12



Wipe off any excess lubricant.

The penis is ready to use.



Part No: 065-972

Issue 1, January 2014

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