

USER GUIDE



CaRE (CARDIOVASCULAR & RESPIRATORY EXAMINATION)

This product is available in light and dark skin tones

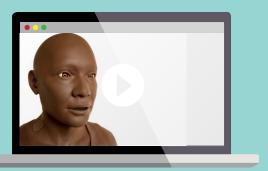


FOR MORE SKILLS TRAINING PRODUCTS

Sussex Street, St Philips, Bristol, BS2 ORA, UK | sales@limbsandthings.com | +44 (0) 117 311 0500

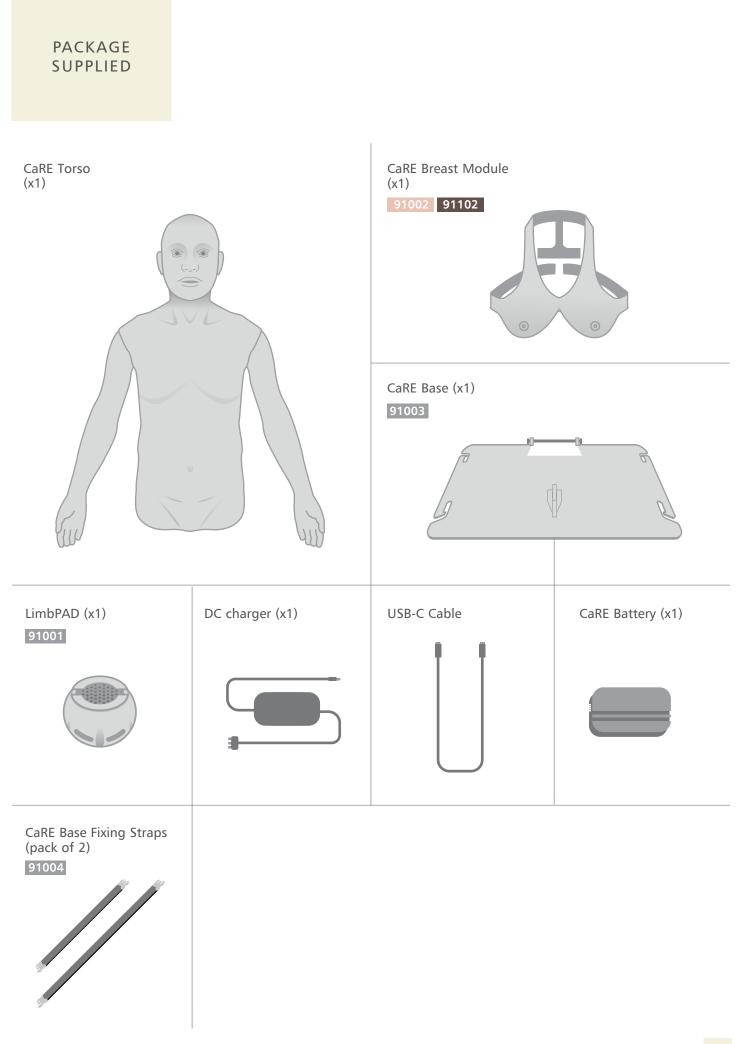
PACKAGE SUPPLIED	3
SAFETY & CLEANING INSTRUCTIONS	4
SET UP	6
• MODEL SET UP	6
MODEL POWER ON	7
MODEL CONNECTIVITY	8
• LimbPAD	10
• CHARGING	11
• REMOVING / REPLACING THE MODEL BATTERY	12
• STRAPPING THE MODEL TO THE BED	13
ATTACHING THE BREASTS	14
CLEANING & STORAGE	15

TAKE A LOOK AT OUR **VIDEO**



VISIT THE WEBSITE limbsandthings.com

OR YOUTUBE CHANNEL youtube.com/limbsandthings



SAFETY & CLEANING INSTRUCTIONS

READ THE SAFETY INSTRUCTIONS CAREFULLY BEFORE USING YOUR CHEST EXAMINATION TRAINER

DO's



Follow all instructions. Keep these instructions. Heed all warnings.

_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _



Do not install near any heat sources, do not expose the product to flames

or use near naked flame sources.

Do not disassemble the product

or attempt to repair a faulty unit,

Things for assessment and repair.

please return the product to Limbs &

Do not use flammable solvents near

DON'Ts

or on this product.

Only use attachments/accessories specified by Limbs & Things



Keep the product away from sources of water





If a product is damaged or worn, it should be repaired by Limbs & Things. To arrange this, please contact your point of purchase who will be able to

To clean the product use wet wipesThe product must be stored dry



Only use this model with the supplied charger



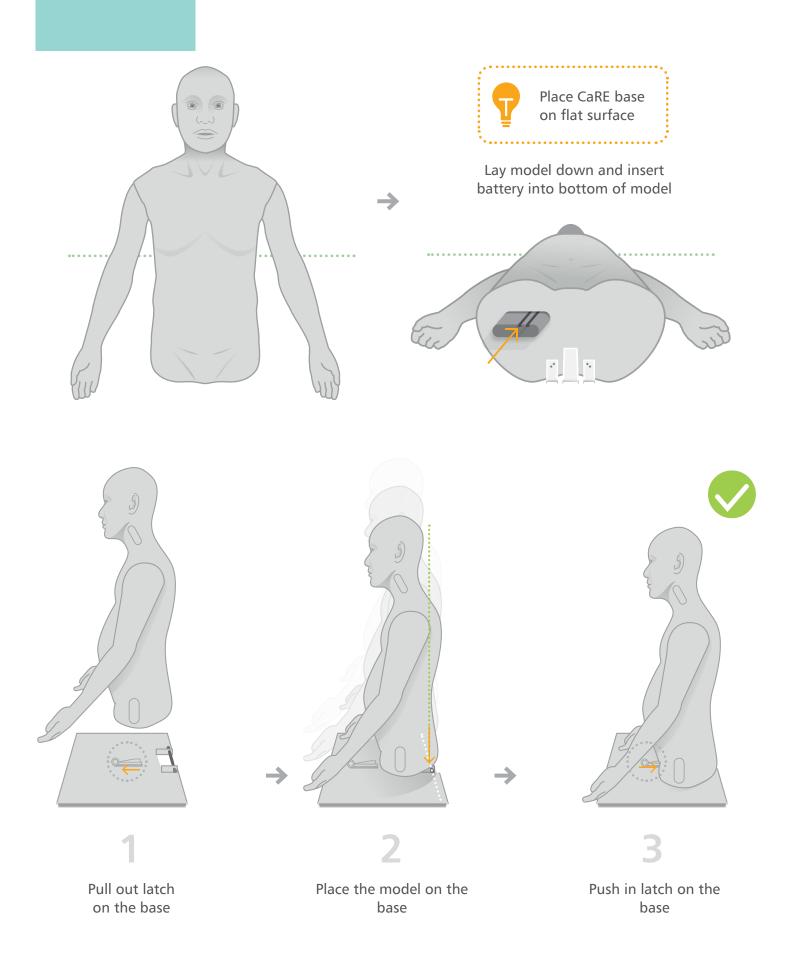
WARNINGS

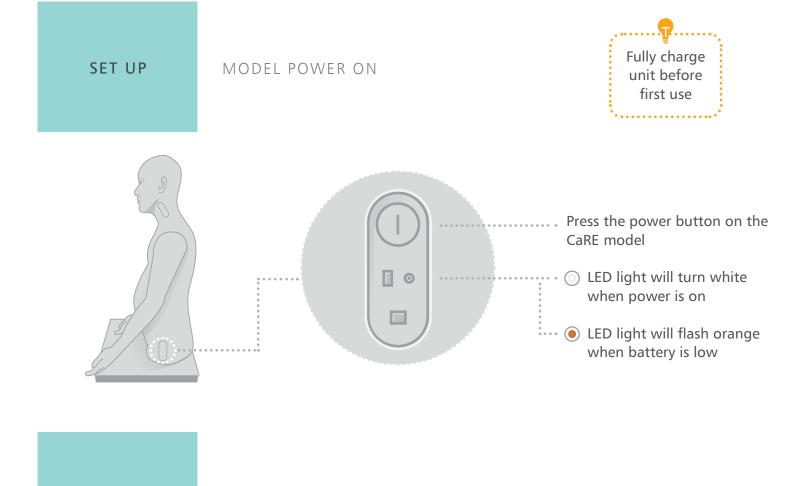
CAUTION: Risk of fire or explosion is the battery is replaced by an incorrect type

MAGNETIC FIELD. Can be harmful to pacemaker wearers. Pacemaker wearers stay back 10cm (4in.) **CAUTION:** Do not use this product if it is damaged or has been dropped. Operating a damaged product may pose safety risks and affect its performance."



Always ensure that the products are properly packed and secured during transportation and storage in order to prevent personal injury or damage to the product SET UP

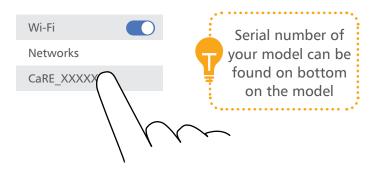






MODEL CONNECTIVITY

2 Locate the serial number for your CaRE model and select this option



Access the URL: **care.local** from any device to load the CaRE exam website

Using a Wi-Fi enabled device, access the

SET UP

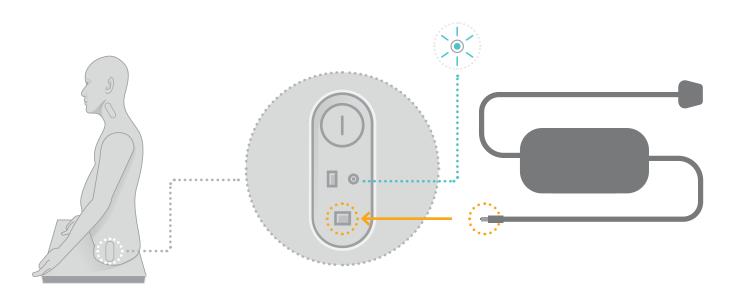
Wi-Fi settings

• • •	
$\leftarrow \rightarrow \bigcirc$ care.local	
≡ limbsathings	(912 80% 911 80% 🔺 100%) 📀
Welcome!	

	SET UP	LimbPAD			Fully charge unit before first use
		Power Buttom & LED Indicator	+ Volume control	3.5mm Mini Audio Por	
1	Press down the pc	ower button ①	- Flashing white	ight will show	
2	On the CaRE webs	ite access the settings	menu		
		•••			
		\leftrightarrow \rightarrow \bigcirc care.le	ocal		
			(J ₂ 90% Qj ₁ 80% ▲ 180%	9 09 9
			Welcome!		$\langle \rangle$
3	Select connect Lim	bPAD			
		•••			
		\leftrightarrow \rightarrow \bigcirc care.le	ocal		2 LimbPADS
				<u> </u> 0%	can be paired to each CaRE Model
			Welcome! an the QR Code for the User uide or get started using the	CONNECT LIMBPAD WL-000 @ PASSWORD MANAGEMENT MEMORY LANGUAGES ABOILT	
		Light turns solid whi	te when paired su	ccessfully	
5	Connecting to exte	ernal speaker.			
					Recommended speaker range 40Hz to 16 kHz.

Charging the CaRE model:

Plug in DC charger – Blue light will flash to indicate model is charging. Light will turn solid blue when fully charged



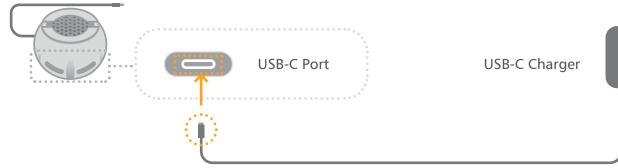
Charging the LimbPAD adapter: Plug in the USB-C charger



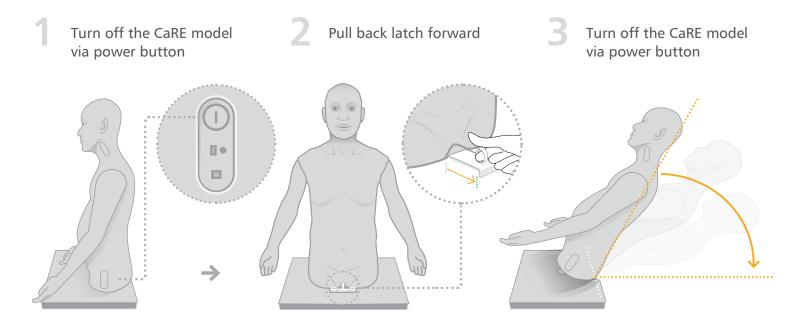
Blue light will flash to indicate charging

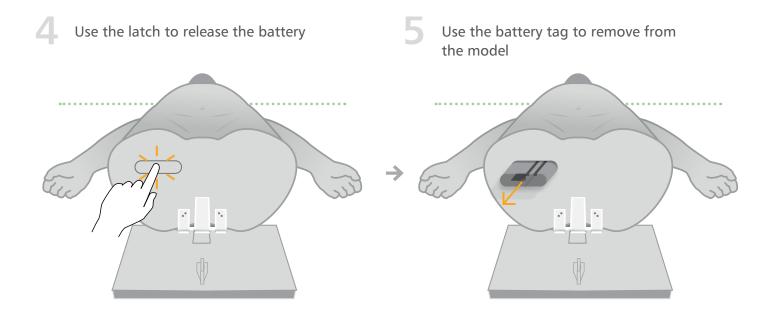


Light will turn solid blue when fully charged



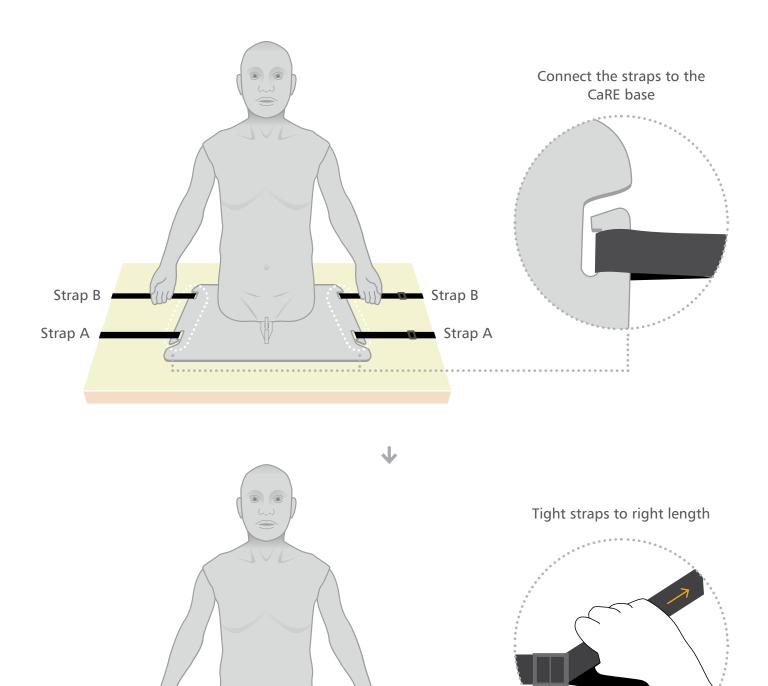






SET UP STRAPPING MODEL TO THE BED

Use supplied straps to fix the CaRE model in place



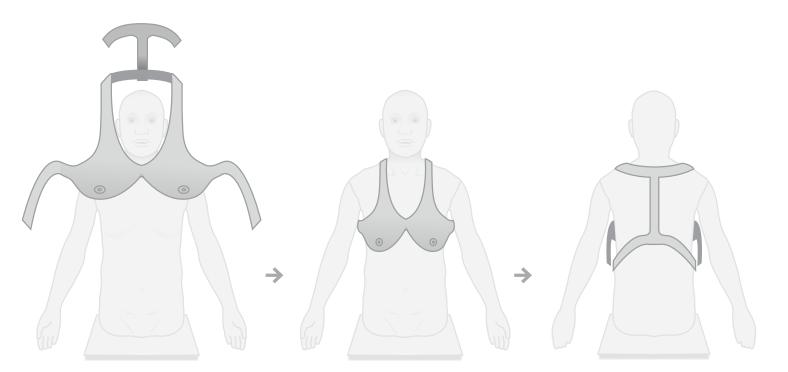
Strap B

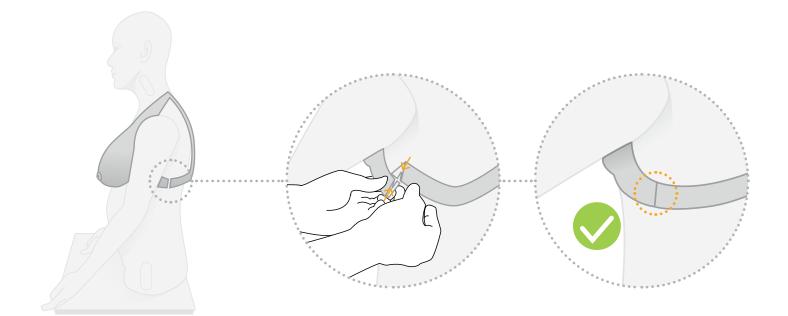
Strap A

Strap B

Strap A

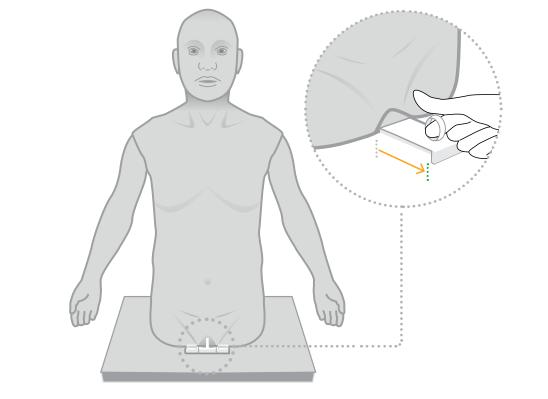
Place breasts over the model of the CaRE model







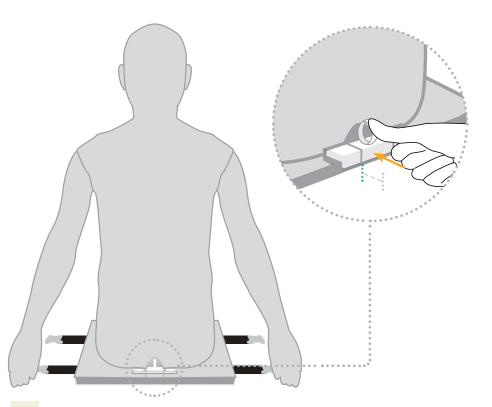
Pull the latch on the base

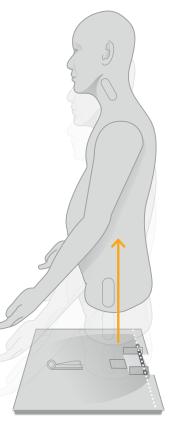


3

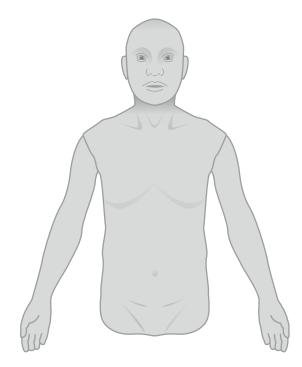
2 Push in the latch on the back of the model

Lift the model to remove from base





CLEANING & STORAGE









Clean off any surface dirt with a damp, soft cloth, using only warm water and mild



UK CA

UKCA DECLARATION OF CONFORMITY

We Limbs and Things Ltd

of

Sussex Street, St. Philips, Bristol, BS2 0RA

Declare under our sole responsibility that the product described below:

Brand and Model Name	Limbs and Things – Cardiac and Respiratory Exam
	(CaRE) trainer.

Has been tested and is in conformity with the following standards:

SUBJECT	STANDARD
Electrical Safety	EN IEC 62368-1:2020 + A11:2020
Electromagnetic Compatibility	• EN 55032:2015 + A11:2020
	• EN 55035:2017 + A11:2020
	• EN 61000-3-2:2019
	• EN 61000-3-3:2013 + A1:2019
	CFR47 part 15 subpart B
	• EN 301 489-1 V2.2.3 (2019-11)
	• EN 301 489-3 V2.1.1 (2017-03)
	• EN 301 489-17 W3.2.4 (2020-09)
	• IEC 62368-1:2018
	• IEC 62368-3:2017

The product meets the essential requirements of the following regulations:

- The Restriction of the Use of Certain Hazardous Substances in Electrical and Electronic Equipment Regulations 2012
- Electromagnetic Compatibility Regulations 2016
- Electrical Equipment (Safety) Regulations 2016
- Radio Equipment Regulations 2017
- Radio Equipment Directive (2014/53/EU)

I hereby declare that the equipment named above has been designed to comply with the relevant sections of the above referenced standards and satisfies the essential requirements of the applicable regulations.

Signed: Nick Hull Position: Location: Bristol, England

Signature

Date 07/06/2024

CE

CE DECLARATION OF CONFORMITY In accordance with ISO IEC 17050-1: 2010

<u>We</u> Limbs and Things Ltd

of

Sussex Street, St. Philips, Bristol, BS2 0RA

Declare under our sole responsibility that the product described below:

Brand and Model Name	Limbs and Things – Cardiac and Respiratory Exam
	(CaRE) trainer.

Has been tested and is in conformity with the following standards:

SUBJECT	STANDARD	
Electrical Safety	EN IEC 62368-1:2020 + A11:2020	
Electromagnetic Compatibility	• EN 55032:2015 + A11:2020	
	• EN 55035:2017 + A11:2020	
	• EN 61000-3-2:2019	
	• EN 61000-3-3:2013 + A1:2019	
	CFR47 part 15 subpart B	
	• EN 301 489-1 V2.2.3 (2019-11)	
	• EN 301 489-3 V2.1.1 (2017-03)	
	• EN 301 489-17 W3.2.4 (2020-09)	
	• IEC 62368-1:2018	
	• IEC 62368-3:2017	
RoHS 3	Directive (EU) 2015/863	

Thereby meeting the essential requirements of directive (RED) (2014/53/EU)

I hereby declare that the equipment named above has been designed to comply with the relevant sections of the above referenced Standards.

Signed: Nick Hull Position: Location: Bristol, England

Signature .

07/06/2024 Date

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment of fand on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications to this product not authorized by (company) could void the product compliance and negate your authority to operate the product.

The Maximum altitude of this product is 2000 meters.

YOU MAY ALSO BE INTERESTED IN...







ABDOMINAL EXAMINATION TRAINER

60000 60054





lssue 04, August 2024 © 2024 Limbs & Things